



News Release

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For immediate release

Fighter Pilot and Monk to Offer Free Talks on Fearlessness in a Tough Economy

Detroit, Mich., January 25, 2010 – A former lead solo pilot for the Navy’s Blue Angels and an American Buddhist monk are teaming up for two free talks on being fearless in a tough economy. The talks will take place at 7:00 p.m. on Wednesday, March 31 and Thursday, April 1 at the Westin Southfield in the Town Center.

Two lives of great accomplishment from opposite ends of the social spectrum will come together for an inside look into how to develop fearlessness and turn obstacles into personal success.

Performance expert, **John Foley**, started his career as a Navy carrier pilot and transitioned to Lead Solo of the Blue Angels Flight Demonstration Team. Using Blue Angel methodology as a model, Foley has developed a framework for excellence that has informed his life in a profound way and has guided his approach to achievement. As founder and president of CenterPoint Companies, he has served as an adviser to Fortune 500 corporations, professional athletic teams, venture capital companies, professional associations and educational organizations. In sharing his insights and techniques with others, he positions clients to achieve high performance in both their professional and personal lives.

Geshe **Michael Roach** is a scholar, successful businessman, author and a fully ordained monk in the Tibetan Buddhist tradition. He was the first American to earn the title of *geshe* (akin to a doctorate in theology) from Sera Mey Monastic College in South India. He is also one of the founders of Andin International Diamond Corporation, which was recently purchased by Warren Buffett. He is the author of *The Diamond Cutter*, published by Doubleday Company,

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which tells the story of how he used the ancient wisdom of Tibet to help create Andin, which became one of the fastest-growing companies in New York City. This book has become an international best-seller and is used by millions of people globally to help them achieve personal and business success.

Foley and Roach presented their talk to a sold-out audience in New York City last November. Detroit is the only other city in the United States where the talks will be held.

The two evenings of talks will kick off a three-day business retreat on April 2, 3 and 4, at the Westin Southfield. The talks are free. There will be a \$265 early bird registration for the three-day retreat, which includes all meals and a brunch on Easter Sunday.

“When I was asked to take part in this series of talks - the *Fighter Pilot and the Monk* - I saw it as an opportunity to help people who are in need. People in a down economy face all sorts of fears that can hold them back. So I’m excited about sharing a practical, real-world model for dealing with such fears - a model that can free people to see and reach their potential.” - John Foley, former lead solo pilot for the Blue Angels.

“The goal of our talks,” says Roach, “is to help people be fearless – to find a new way of thinking about why there’s an economic crisis to begin with. Where did it come from?”

“Most importantly,” says Foley, “it’s about helping the people of Michigan.”

Seating is limited. Register for the talks at www.fighterpilotandmonk.com. Register for the business retreat at www.diamondcutterinstitute.com.

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